

Campbell House, Inc.



Community Based Services

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Community Based Programs

Mentoring

Campbell House, Inc. offers mentoring services to youth referred by Court Service Unit. The mentoring program is designed to assist youth develop and maintain appropriate socialization skills, while incorporating a positive sense of self worth and self esteem. The mentor will serve as a positive role model and introduce the client to experiential activities that are indifferent to his/her current social, economic and cultural surroundings. The treatment plan will be incorporated to identify a beginning and ending phase for each goal and objective. The mentor will also assist the youth with empowerment issues, social building skills, conflict resolution, and the development of appropriate coping mechanisms. During the referral process, each client will be assigned a mentor dependent on the needs of the family. The mentor will meet with child on agreed upon times to provide services.

Behavioral Aide Services

The program philosophy is that children with dysfunctional behavior can learn adaptive living skills. To achieve that goal, the program provides mentoring services to children experiencing interpersonal difficulties in the home, school, and/or the community.

Visitation Services

This program was founded on the idea that a child of separation or divorce benefits from a positive continuing relationship with both parents.

Campbell House, Inc.
Community Based Services
Community Oriented-Anger Management Program

Campbell House, Inc. has seen a great need for anger management training that will extend beyond the group into the community in which youth are struggling.

Campbell House, Inc. combines a group learning approach to anger management as well as 1 : 1 instruction provided by a Campbell House in-home counselor in the community in which the juvenile is currently having struggles. The instruction is tailored to address the particular concerns that arise in the home, school, or community. Campbell House’s Community Oriented-Anger Management Program includes transportation to the group instruction. The curriculum includes”

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|-----------------------|----------------------------|
| Assessment | Communication Techniques |
| Anger Identification | Relaxation Techniques |
| Alternatives to Anger | Identification of Feelings |
| Moral Reasoning | Identify Anger Triggers |

Campbell House’s Community Oriented-Anger Management Program is a closed group, which meets weekly for eight weeks. Group size will be limited to eight participants and two facilitators.

The program will include one-to-one support by counselors, linkage to community supports and community advocacy. There are five hours per week with the child in the Community Oriented Anger Management Program. Two of these hours are in the regularly scheduled group sessions each week and three of these hours are with an in-home counselor at a 1:1 ratio.

Campbell House, Inc.
Community Based Programs
Home Based Services

Campbell House, Inc. home-based counseling services are committed to providing quality and professional services to youth and their families. Our philosophy is to attempt to empower families to resolve problems appropriately by developing the necessary skills to work effectively as a viable unit. Our services are child centered and family focused. Home-based services are available twenty-four (24) hours, seven (7) days a week.

Crisis intervention is also a vital component of the program. The overall objectives of home-based counseling services are to assist the child and family with maintaining their child in the least restrictive environment.

Campbell House, Inc. will provide the following home-based components:

- Assessment
- Referral for other services
- Case Management
- Collateral Contacts
- Crisis intervention and Stabilization Management
- Life, Parenting and Communication Skills
- Problem Solving Skills
- Conflict Resolution Skills
- Individual Short Term and Long Term Goal Setting
- Levels of Services Consistent with Needs and Risk Levels
- Individual and Family Counseling Services
- Substance Abuse Intervention
- Transportation

A monthly report will be forwarded to the referral source. The progress report will indicate the progress of the child and family relative to the individualized treatment plan. The monthly report will be submitted in conjunction with the invoice.

A termination report for each youth receiving services will also be submitted to the referral source within fifteen (15) days of the termination of services.

An annual program evaluation will be submitted to the Contract Monitor thirty days after the end of the contract year.

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Community Based Services

Intensive In-Home Services

Intensive In-Home services is based on the idea that it is best for a child to work through his/her mental health issues in a stable, supportive home environment. To that end, the program provides therapeutic services to children at risk for removal from their homes and their families. The primary goal of service is to stabilize the placement and reduce if not eliminate the need for placement outside of the home.

In home services utilize a multi-system approach in planning and implementing individualized services. Treatment may include: intensive in-home services, home-based services with client and family, 24 hour crisis intervention services, life skills training, case management, and substance abuse treatment.

Our agency provides in-home services to families and individuals. The clients may exhibit the following behaviors: Inappropriate or noncompliant interactions affecting school achievement, difficulty controlling anger, poor listening skills, resentment towards authority figures (including caregivers and school personnel) involvement with the police and legal system, runaway, truancy, low self-esteem and poor peer/family interaction.

These services are made available for families that are Medicaid eligible. Social services, Public Schools, Juvenile Court System, and CSB may also refer clients.

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RATES FOR SERVICES

FY 2009

| Service Description | Rate (per hour/unit) | |
|---|-------------------------|--|
| Intensive In-Home | \$70.00 per hr | |
| Home Based Services | \$55.00 per hr | |
| Substance Abuse (individual) | \$55.00 per hr | |
| Substance Abuse Group | \$30.00 per hr | |
| Substance Abuse Screening | \$32.50 | |
| Substance Abuse Assessment | \$300.00 | |
| Mentoring Services | \$35.00 | |
| Anger Management Group | \$40.00 | |
| Anger Management (individual) | \$50.00 | |
| Parenting Capacity Evaluations | \$300.00 | |
| Supervised family visitation | \$50.00 | |
| Behavioral/Parent Aid | | |
| Case Management | \$55.00 per hr | |
| Psychological Testing | \$800.00 per hr | |
| Virtual Residential Services | \$80.00 per hr | |
| Residential Services (CSA) and (Medicaid) Daily Supervision | \$150.00 per day | |